



## **Spring Semester in Nutritional Sciences**

**A Program in Nutrition and Health Sciences,  
taught in English (January 16th to May 19th, 2020)**



Health



Food



Cooking



## TEACHING KEY FEATURES

### Translational Approach :

Studying the impact of Food on Human Health requires interactions between several scientific domains.

The program goes from farm products to food consumption and its long term consequences on Health including food processing and retailing.

### Unique Environment :

- Culinary Platform and other research labs
- Experiential learning: mix of courses and practical applications
- Full time professors and international faculty from partner Universities in France and Europe
- A 10 acre campus close to Paris

### Interdisciplinary approach :

Translational research approach dedicated to foreign students interested in understanding the specific relationship between the French and their food.

### Available ECTS credits :

The program offers 30 ECTS credits + 2 ECTS credits (French as a Foreign Language course). Choose the number of credits required by your home institution (please note that at least 18 ECTS are compulsory). 2 EU credits are equivalent to 1 US credit.



## ELIGIBILITY

Students in Agriculture or Food Sciences : junior, or Master degree students from an accredited institution.

Classes are taught in English. Non native speakers need to show one of the following :

- 785 TOEIC or higher
- 543 TOEFL ITP points (or 227 TOEFL CBT and 72 TOEFL IBT points)
- 5.5 IELTS or higher



## TUITION AND FEES

### Erasmus+ students

(enrolled in an Erasmus+ partner university) : tuition fees waived.

### Exchange students

(enrolled in a partner university/with a cooperation agreement): tuition fees waived.

### Other students

€3 500 tuition fees + €50 non-refundable registration fees + specific fees (see below).



## LIVING EXPENSES (in 2018-2019)

- Residence Hall: €493/month for a single room – €270/month for a shared room
- Campus fees: €130/year (Erasmus and exchange students)
- Student dining hall: €3,25/meal (breakfast is free)
- Monthly bus pass: €8/month



## STUDY TRIP

- 5 days in a french typical terroir
- Discover food, cheese and beverages with locals in the typical countryside
- €350 (exchange and non-exchange students)



## EQUIPMENT TO BRING

Lab coat, laptop, adaptor plug

# 2020 SCHEDULE

JANUARY		FEBRUARY		MARCH		APRIL		MAY			
1		1		1		1	Health Catering & Food services 2 ECTS	1	Labor Day		
2		2		2	Exam: Gut Flora	2		2			
3		3		3		3	Exam: French	3			
4		4	Introduction to Human Nutrition 2 ECTS	4	French Family Cooking 2 ECTS	4		4	Introduction to Nutrigenomics 2 ECTS		
5		5		5		5		5			
6		6		6		6		6		Nutritional Loss during Food Processing 2 ECTS	
7		7		7		7		7			
8		8		8		8		8	V Day		
9		9		9	Epidemiology & Nutrition 2 ECTS	9		9	Ovalies (Rugby)		
10		10	Gut, Flora, Immunity and Health 2 ECTS	10			10	Easter holiday	10		
11		11		11		11		11		11	Value-based agrifood chains 2 ECTS
12		12		12		12		12		12	
13		13		13	13		13		13		
14		14	14	14	Gala	14	Easter holiday	14			
15		15		15		15		15			
16	Arrival on the campus	16		16	French Paradox, Mediterranean Diet 2 ECTS	16	Global Nutrition 1 ECTS	16			
17	Orientation day	17	Winter holidays	17			17		17		
18		18		18		18		18		18	Retake
19		19		19		19		19		19	Checkout day
20		20		20	20	Exam: Diet, nutrition	20		20		
21	Cross Cultural Communication 1 ECTS - WM	21		21		21	Field trip 1 ECTS - WM	21			
22		22		22		22			22		
23		23		23		23			23		
24		24	Paris Intl Fair 1 ECTS	24	Clinical studies for the food industry 2 ECTS	24			24		
25	Team building	25	25	25			25		25		
26		26	Diet, nutrition & chronic diseases 2 ECTS	26			26		26		
27		27		27		27		27		27	
28	Introduction to French Culture 1 ECTS	28		28	28		28		28		
29		29		29	29		29		29		
30	French Bread & Pastries 1 ECTS	30		30	Health Catering & Food services 2 ECTS	30	Applied Molecular Biology Techniques 2 ECTS	30			
31		31		31				31		31	

■ General Courses    
 ■ National Holiday    
 ■ Event    
 ■ WE  
■ Nutritional Sciences Courses    
 ■ Exam Session

★ French as a Foreign Language (1.5h/week)



## WHAT THEY THINK ABOUT THE PROGRAM

### TEMBELA NELISIWE (University of Fort Hare, South Africa)

“Being the part of the Spring semester at UniLasalle was a privilege to me. The programme was of significant for me and being the part of Nutritional Science programme because I have learnt a lot on how to eat healthy, what people with Chronic disease should eat. Imagine am from rural areas where such knowledge is not well known, and I will help old people around my village those with chronic disease on what they should eat. When I was young my wish was to study abroad, learn different cultures thanks to UniLasalle for this great opportunity, because now I know a bit about French culture”



More feedback from students on youtube :

Tyler & Tabitha's feedback (USA): <https://youtu.be/HoQPDE2iGlo>  
 Diego's feedback (Colombia): <https://youtu.be/5RcbZeUEmIM>  
 Marianne & Nathanael's feedback (PHILIPPINES): <https://youtu.be/WuA55D01A9Q>



## STUDENT LIFE

### French Buddy :

Each international student is welcomed by a French student

### Social events organized by French students :

- Gala
- Talent's showcase evening
- Ovalies (charity rugby tournament)

### Social events organized by the International Department :

- Team building day
- Touristic visits

More than 80 student organizations on campus

## Study in France

The “Grandes Ecoles” are unique to France. They were created in the late 18th century in order to offer outstanding scientific education to the country’s future engineers. UniLaSalle, founded in 1854, belongs to this tradition. Studying on our campus will not only give you access to excellence in education; you will also have the opportunity to live in the country that invented “savoir-vivre”, the art of living well. The Picardy region, home of UniLaSalle, is well known for its beautiful villages and its inspiring gothic cathedrals. No wonder France is the most visited country in the world. Did you know that? Known for its gastronomy, wines and cheeses, the vast French territory offers an amazing geographical diversity. You will meet people who are proud of their cultural heritage, their lovely countryside, and their quiet towns and fine restaurants.



### International relations



#### UniLaSalle - campus de Beauvais

19, rue Pierre Waguet  
BP 30313  
60026 Beauvais Cedex  
France

### Contact

@ incoming@unilasalle.fr

**Application forms are available on our website :**

<http://international.unilasalle.fr>



**More information about the programs**

[www.unilasalle.fr](http://www.unilasalle.fr)



## ADMISSIONS

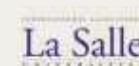
Apply before October 15, 2019

## DISCOVER FRANCE WHILE EARNING COLLEGE CREDITS



**We are looking forward to welcoming you on our campus!**

Beauvais is located in northern France, 50 miles to the north of Paris. Trains to Paris depart every hour. Beauvais is an ideal base for exploring Europe. From Paris Beauvais international airport (5 minutes from the UniLaSalle campus), low cost companies offers regular flights to exciting destinations such as: Italy, Spain, Great Britain, Ireland, Sweden, Portugal, Poland or the Czech Republic...



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